

April 28, 2020

Dear Crownpoint Community Members,

On Wednesday, May 6th and Thursday, May 7th, as part of The New Mexico Department of Health's ongoing COVID-19 testing efforts, NMDOH is offering no cost COVID-19 testing to groups, currently identified as:

- **Persons experiencing symptoms** such as fever, cough, chills, or shortness of breath.
- **Essential workers with or without symptoms** including healthcare workers, first responders, public works, and grocery store employees showing no symptoms.
- **People with or without symptoms who are contacts or household members** of New Mexico residents who have already tested positive for the coronavirus.
- **Employees and residents of congregate settings with or without symptoms.**
- **Anyone who may have traveled to any area with community spread in last 14 days.**

Testing will be conducted at a Drive-through event at:

Navajo Technical University, Lowerpoint Rd State Hwy 371, Crownpoint, NM 87313
Wednesday, May 6th and Thursday, May 7th
9:00am-1:00pm

While you are waiting for your test results, it is important that you follow the following guidance:

Cover your mouth and nose with a cloth face cover when around others.

- CDC advises the use of simple cloth face coverings to slow the spread of the virus and help people who may have the virus and do not know it from transmitting it to others. Cloth face coverings fashioned from household items or made at home from common materials at low cost can be used as an additional, voluntary public health measure.
- You could spread COVID-19 to others even if you do not feel sick.
- Everyone should wear a cloth face cover when they must go out in public, for example to the grocery store or to pick up other necessities.
- Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
- The cloth face cover is meant to protect other people in case you are infected.
- Do NOT use a facemask meant for a healthcare worker.
- Continue to keep about 6 feet between yourself and others. The cloth face cover is not a substitute for social distancing.

Wash your hands often

- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol.** Cover all surfaces of your hands and rub them together until they feel dry.
- **Avoid touching your eyes, nose, and mouth** with unwashed hands.

Negative results provide some reassurance, but a negative result is not a reason to let down your guard. It is critical that each person continue to follow all recommendation for social distancing and initiate self- isolation if you become sick. We look forward to seeing you on Wednesday, May 6th and Thursday, May 7th.